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OFFICIAL UNION NEWSPAPER FOR MAINE STATE BUILDING & CONSTRUCTION TRADES COUNCIL, AFL-CIO

ORGANIZED LABOR "VOTES FOR CHANGE"



U.S. Senator, George J. Mitchell, Senate Majority Leader, (sitting second on left) participated in a recent breakfast meeting at the U.S. Capitol with Democratic Congressional Leaders and the President and Vice President-elect.

Seated (L-R) are Vice President-elect Al Gore, Sen. Mitchell, President-elect Bill Clinton, House Speaker Tom Foley, and House Majority Leader Dick Gephardt.

S&W And Trades Join Forces

Major decision makers from Stone & Webster Engineering met recently with the Maine Building Trades Council to explain a joint venture of Labor/Management. This would encourage maximum dedication of both parties to the successful completion of projects on time and on budget such as the proposed recycling project currently scheduled to be built in Auburn, Me. David O. Ellenberger, Manager—Field Labor Relations for S&W (shown third from left) reminded everyone that his company is 100% Union which brings the following advantages to their customers: superior training, quality and quantity of work performed. S&S is meeting regularly with a Committee of Building Trades Business Agents that have jurisdiction for the Auburn area. Bob Morin, Bus. Rep. for Carpenters Local 407 and Dick Williams, Bus. Manager, U.A. Local 783 are co-chairs for the Committee. Shown in photo (L-R) are Clark Herman, Consultant for S&W; Charles Humphrey, Manager—Pulp & Paper Div. for S&W; Ellenberger; Williams; Morin; and Allen Champaign, Manager—Construction Business Development for S&W.



NEW DAY DAWNS FOR LABOR

By Charles O'Leary
President
Maine AFL-CIO

Many times union brothers and sisters ask me why we spend so much time, effort and money in the political arena. They say, "Why bother? It doesn't make any difference who gets elected. They are all the same."

On December 11 we saw clearly how important politics and political victories are not only to organized labor but also to all American workers.

President-elect Bill Clinton made four major appointments—all persons with no elective experience. All people who he called representative of "a new generation of American leaders."

Clinton named Robert B. Reich, 46, a member of the faculty at Harvard University's Kennedy School of Government as the future secretary of the U.S. Department of Labor.

For us there are few, if any, more important positions in national government. Unfortunately, under 12 years of Republican domination those of us in the union movement have watched with increasing dismay as this vital position went to five different persons who were little more than caretakers. In fact, in some cases, these Republican appointees were both anti-union and anti-worker. In no case did any of these caretakers have any high degree of access to the President or any considerable clout in the formation of national policy.

The selection of Harvard political economist Reich stands apart from the Republican selections as clearly as day and night.

We do not expect nor will we get unanimous support on every single issue of importance to organized labor and to working men and women. But we will get support on many key issues and, above all, we will have as Secretary of Labor one

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Benjamin J. Dorsky Scholarship Fund

On December 4th the Bureau of Labor Education at UMO and the Maine AFL-CIO established a scholarship in the memory of Benjamin Dorsky, the longtime voice of organized labor in Maine. He passed away on May 10 at the age of 87 in Bradenton, Fla.

The program raised nearly a quarter of the goal and all sons and daughters of affiliated union members in Maine that want to attend UMO are eligible.

An excerpt from the Portland Press Herald states that, for more than 40 years, starting in 1937, he was president of the Maine AFL-CIO and its predecessor organizations.

"As far as I know, he was a state (labor) federation president longer than anyone else in the country," said Charles J. O'Leary, who succeeded Dorsky in 1979.

"... All of the growth we had in organized labor, and all of the benefits workers now enjoy, he really was the architect."

Regarded as one of the most effective lobbyists in Augusta, Dorsky was credited with winning approval of workers' compensation laws that were among the most favorable to labor of any state's.

He also was instrumental in keeping the state minimum wage

continued on page 3



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Season and a Prosperous
New Year to All

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LOCAL #4 I.U.O.E.
Rod Gillespie, B/A

On behalf of all the members of Local #4 in Maine I wish everyone a Merry Christmas and Happy New Year.

1992 has been a poor year at best regarding employment of our members. If it was not for major shutdowns in Rumford and Hinkley along with the Modern Continental Project in Standish, 1992 would have been a disaster. The time has come for us to try new steps and innovative ideas to secure the operating engineers in today's market place. As Business Agent and with the support of your Business Manager we will aggressively pursue all types of work that historically the operating engineers use to thrive in, heavy highway bridges, day treatment plants, haz. mat. sites and our Maine power and paper mills. Local 4 has the most dedicated and skilled craftsmen in the business and we intend to market ourselves as such in a positive and professional manner.

I want to wish the Local 4 members RWS-Portland Regional Waste and the Lane Construction Engineers from all over this state the best for 1993.

In closing I want to thank all those who attended the Dec. 2nd meeting in Augusta and urge all our brothers and sisters to take part in the future meetings here in Maine. The Union Hall in Portland will be moved this month to the new hall in the Ironworkers Building Local 496 in Clinton. There will be a newsletter coming on the office hours and phone number in the near future.

Merry Christmas and Happy New Year.

U.A. Local 321

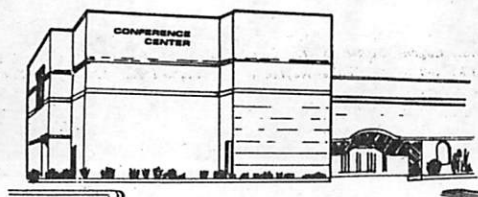
Plumbers & Pipefitters

I want to take this time to thank each of you that VOTED this past Nov. 3rd. We finally have a Democratic President and have kept control of the Maine House and Senate. Organized Labor could not have taken another four years of a Republican Administration. The damage that's been inflicted by the Department of Labor and the Supreme Court will take years to undo.

Work in the area is spotty at best, several of the Paper Companies are talking about projects

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Dorsky Scholarship Fund *continued from page 1*

rising and getting many unemployment law changes that benefited. Twice he successfully blocked "right to work" legislation.

A native of Russia, Dorsky came to Bangor when he was 6. As a teenager he worked as a movie projectionist and joined the motion picture operators' union.

During his tenure as labor federation president, union membership in Maine climbed from 17,000 workers to nearly 70,000.

Dorsky was seldom opposed for re-election and when he was had little trouble defeating the opposition.

When the Legislature was in session, the stocky, cigar-chomping labor leader held forth every day on a settee in the third floor corridor about half way between the Senate and House chambers.

There he could keep a sharp eye and ear for what was going on that interested labor. Between sessions, he bird-dogged the State House and rode herd on the state's congressional delegation in Washington.

Dorsky and his wife, Priscilla, had seven children. After his retirement, the couple moved to Florida.

U.S. Senator George Mitchell, Majority Leader of the U.S. Senate

remembered Dorsky in his June/July '92 edition of the Labor Record as "Gentle Ben," one of the most powerful and inspirational labor leaders in Maine and the nation. Even after his retirement in 1979, Ben vowed to work for the defeat of "Right to Work" Laws in Maine and elsewhere.

Mitchell continued, "His legacy is one of solid accomplishment,

through the hard-fought battles for decent working conditions, workplace safety, and fair wages for a fair work day. Were Ben Dorsky here today, I'm sure he would play a significant role in helping address one of the greatest challenges currently facing workers in Maine and around the country: the economic transition of our defense-based industries to civilian

use."

Anyone wishing to contribute to the fund can send a check payable to the "Dorsky Scholarship Fund," c/o Bureau of Labor Education, UMO, MaineTech Center, 16 Godfrey Drive, Orono, ME 04473.

Shown standing beside Ben's portrait are his two children, Tom Dorsky and Benita (Dorsky) Davis.



"1,160 Year of Service"

46 Retirees of the L.I.U.N.A. Retiree Council Augusta 327/Waterville 1284 R Maine were recently honored for 1,160 years of continuous service" to the L.I.U.N.A. Shown (Front Row L to R) Raymond Buxton 20 yrs., Eugene Dostie 35 yrs., Durward Russell 30 yrs., Walter Raymond 35 yrs., Bertrand Audet 25 yrs., John Dustin 35 yrs., and Wilfred Lajoie 25 yrs. (Second Row L to R) Joseph Vigue 35 yrs., Raymond Bell 25 yrs., Lucien Plant 15 yrs., Donald Smith 35 yrs.,

and Philip Bell 20 yrs. (Third Row L to R) Richard Boucher 25 yrs., Donald Ware 20 yrs., Alton Hartung 10 yrs., and Robert Lachance 25 yrs. (Fourth Row L to R) Lionel Breton 25 yrs., Wilfred Doustou 25 yrs., Harvey Crute 20 yrs., Milton Peabody Sr. 35 yrs., Armand Decormier 35 yrs., and Roger Lachance 25 yrs. Not pictured but also honored were Elwood Sutter 40 yrs., Leonard Langlais 35 yrs., Roland Boucher 35 yrs., Edward Boucher 30 yrs., Donald Lessard 25 yrs., Roland

Levasseur 25 yrs., Leo Roy 25 yrs., John Daigle 25 yrs., Francis Quigley 25 yrs., Guy Pouliot 20 yrs., Raymond Batchedlor 20 yrs., Robert E. Roy 20 yrs., Raymond Murray 20 yrs., William Porter 15 yrs., Robert Federico 15 yrs., Mark Hughes 15 yrs., Elton Bowler 15 yrs., George Weeks 15 yrs., and Louis Webster Sr. 15 yrs. Recently deceased members whose pins were received by their families: Leo LeClaire 35 yrs. and Robert Webster 25 yrs.

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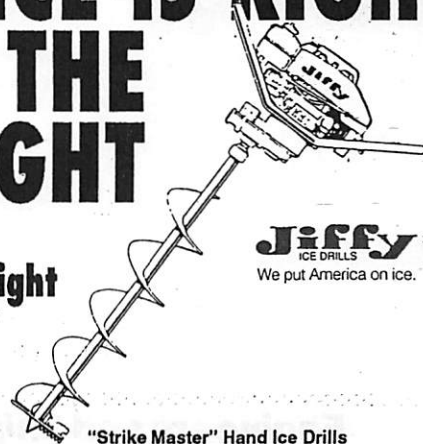
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Well by now you have heard all the stories about the deer that got away so I won't bore you with any more. One season is over and now we are getting ready for another starting with Christmas.

The employment situation is still slow and there is little sign of improvement in the near future but I firmly believe that with the new administration and the change in the attitude of businesses and the

With Best Wishes



And
Season's
Greetings
to Maine's

Working Men and Women

George J. Mitchell

Authorized and paid for by the Mitchell for Senate Committee

U.A. Local 217 Plumbers & Pipefitters



Frank Joyce, B/M

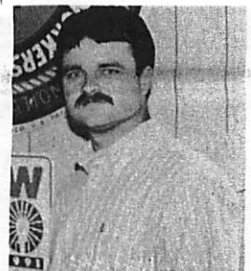
country, projects that have been on hold could help start up the construction industry.

I have mentioned this before several times but I'm forced to repeat myself. The few calls that come in for work are usually for welders. The Union Hall is opened at 7:00 a.m. for anybody that would like to take advantage of using the welding school. The only cost is your time and it is well worth it. I find it hard to believe that with the facility we have that nobody takes advantage of it.

Our sympathy goes out to the family of William Hillock who passed away 11-19-92.

Merry Christmas and Happy New Year from the Officers of Local #217.

IBEW L-1253



Wayne Rancourt
Business Manager

With Christmas and New Year's upon us and many in the construction industry not having worked steady in the past year we should look into the New Year with hopeful anticipation.

Why should we be hopeful? With the election over and a new Democratic Administration in place the persecution that we have been subject to in the last 12 years under Reagan and bush will finally be over on January 20, 1993. If Bill Clinton moves forward and signs the anti-strikebreaker bill it will help turn the tide of anti-labor movement. Along with the changes in personnel at the Dept. of Labor, the National Labor Relations Board and many others.

Our organizer, Chuck Fraser, has done an excellent job in setting up standards for organizing, placing salts on jobs and following up with successful unfair labor practice charges. Good job Chuck and members of Local 1253. In an on-going effort to organize the unorganized in the industry we have taken in a few well qualified Journeyman as well as presenting the C.O.M.E.T. (Construction Organizing Membership Education Training).

In closing I would like to wish everyone a Merry Christmas and a Happy New Year.

P.S. Remember the Designated Driver.

Season's Greetings

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Local 567

On behalf of all the members of Local #567 I would like to wish everyone a joyous and happy holiday season. Our new health insurance program has been in effect since September 1st. The overwhelming support from our members is very much appreciated by the trustees. The initial set up of everyone onto the computer system was smooth and effective. If you have any problems, call the girls in the claims office at 1-800-832-6538, and take the time to thank them for a job well done. The pension plan is now being administered by the trustees at our Falmouth loca-



Milton McBrearty, B/M

tion. The number to call if you have any questions is 1-800-696-8974. and ask for Rick or Lindon.

The work outlook for 1993 seems to be an improvement over the last three years. Maine Yankee shutdown next summer, the new Cumberland County Jail, the Standish Water District job, The Stone and Webster De-Inking Project in Auburn, projections for work in the mills, and an overall better economy should help us put more of our members back to work. Out Unit I members in the Millinocket, East Millinocket area need your support to counter the ever grow-

UBC & J of A Local 407

Bob Morin, Bus. Agent

The Executive Board and myself would like to wish all the members and their families a Merry Christmas and a very Happy New Year. Everything is looking good for work next year, it certainly can't get any worse.

If any families are in dire need and there is something we can do to help, please call the office. Many times there is nothing we can do, BUT, at times there may be little things that we could do to help. If any member becomes aware of any other member who is sick, needs help or passes away, Please call the office so we can help in any way possible.

ing Cianbro presence in their mills. The strength of our Union and the education of other Union members to the fact that Cianbro is a threat to everyone is essential in keeping our good paying jobs and the economic security they provide for us and our families. May 1993 bring us a happier and more prosperous year.

UA-LOCAL 321

continued from page 2

after the first of the year. Work out of state has picked up some.

I want to congratulate Cecil Moores and Chris Pinkham on becoming new journeyman January 1, 1993. Both were outstanding apprentices.

We will be moving into our new Union Hall and Training Center after Christmas. We will be located at 40 Freedom Industrial Park in Hermon, the new telephone number will be 848-5381. Larry Cottrell and Dan Roy of UBC Local #621 have done an excellent job on the remodeling, along with John Duff of IBEW #1253 on the electrical. Our own members, Jerome Kennedy and Rick Martin, along with the apprentices who worked on the plumbing and heating, thank you. It's evident by the caliber of work that was performed why UNION CRAFTSMEN are the BEST.

Along with Officers of Local #321 I would like to wish all of you a MERRY CHRISTMAS and A HAPPY NEW YEAR. See you in '93.



David Savage, B/M



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TAKE A TIP FROM TED,

PLEASE

When Barbara Walters interviewed mega media mogul Ted Turner recently, she asked him what advice he had for her viewers. His apt reply: "Early to bed, early to rise. Work like hell and advertise"...



David Paul, Jr., B/M

Local 2327

On Friday, November 20, 1992 in Clinton, Maine, your brothers and sisters of Local 2327 IBEW converted the last New England Telephone electro-mechanical office to digital technology. This work in Maine has spanned over 15 years, cost 254 million dollars, and resulted in the conversion of 140 switches. I was proud to be there representing the members of this local. I believe this accomplishment was such a great success because of the quality work force represented by this local and other locals of IBEW throughout New England.

I also enjoyed attending the exhibits and thank you celebrations that marked this occasion. It was a great opportunity to visit with our brothers and sisters, both active and retired. It was also an opportunity to remind all in attendance that our success, past and future, was and is dependent on our first rate union work force, and to remind the company that in these times of downsizing, FMR, and contracting out of our work that this work force is still our most formidable asset to fend off competition in the communications industry.

We are continuing meetings between the union and the company at the steward and A.O.M. level. These meetings have been held with E.I., Operations, C. & E.,

Traffic, and Network, and greatly improve our day to day ability to solve our problems.

On the political front, we have finally ended 12 years of an anti-labor administration in Washington! With the election of Bill Clinton, labor will at least have a fair hearing in the political arena. We have also elected many friends of labor at state and national levels. It is important that we not sit back and wait for someone else to get things done. We must work just as hard to keep these elected friends informed of our needs as we did on the election itself. Then we can enact the Workplace Fairness Act (prohibiting permanent replacement workers), and defeat bills such as the so called Brooks Bill banning baby Bells from information services. Denny Libby is already working on these items as a member of the AFL-CIO Executive Board for Maine.

The joint IBEW Local 2327/New England Telephone United Way campaign has again been a success. While many campaigns throughout the country have been struggling, the United Way of Greater Portland has surpassed an increased goal of \$6,000,000. The United Way of Penobscot Valley also exceeded a goal of \$1,600,000. This success in Maine was greatly enhanced by participation of unions at all levels of the campaign from individual donors, solicitors, loaned executives/workers, and cabinet members. Again, thank you all!

The PT Phone Home project to place bedside phones in the Togus VA Center is ongoing. If information is needed, call Frank Dosio at 784-2792, or call our office.

In this era of downsizing, we are faced with many difficult situations including I.M.C. consolidations, and contracting out of Building Equipment Mechanic's work and outside plant work throughout the New England area. We are working to keep all affected groups well informed on these issues, and are pursuing all legal and contractual means to protect your jobs, including the National Labor Relations Board and grievances. We must remember that we can hold the line by working together. Keep my office or your stewards informed of any workplace changes, especially regarding contractors. We held the line in '89 and will continue to do so

by working, acting, and thinking as union brothers and sisters.

In closing, we are in tough economic times, but as members of the IBEW it is comforting to know

that we are still head and shoulders above other workers when it comes to protecting jobs, working conditions, and benefits. Be assured that Denny, Candy, and I will do our

utmost to preserve these hard earned rights.

My staff and I wish you and your loved ones a safe and happy holiday season.



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Although these numbers may seem overwhelming, with proper planning they are well within reach. There are a variety of investment products available today that can help you save for your child's education—and you'll be surprised how modest your monthly investment needs to be. For a newborn child, an investment of a little as \$100 per month can generate \$50,000 of income by the time he or she is ready for college.

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U.S. Treasury securities are direct obligations of the United

States government and are viewed as one of the safest and most liquid investments in the world. The issues, which are used to finance our nation's debt, are initially sold to investors through auctions held by the Treasury. U.S. Treasuries come to market on a regularly scheduled basis and trade in a secondary market that is among the most active in the world. Federal agency securities operate in much the same fashion, and are generally considered the next best investment, in terms of safety, to U.S. Treasury bills, notes or bonds. Some of the most popular agencies are the Federal Farm Credit Agency, the Federal Home Loan Bank, the Student Loan Marketing Association and the Federal Home Loan Mortgage Corporation.

Treasury bills have short term maturities—up to one year—while Treasury notes and bonds meet the needs of those buyers who want to purchase longer-maturity issues of up to 30 years. All Treasury issues are free from state and local taxes, as are several federal agency issues.

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Unlike regular bonds, which usually pay interest semi-annually, zero-coupon bonds pay only at maturity. In other words, zero-coupon bonds do not pay interest during the life of the bond, but pay principal plus interest at maturity. Zero-coupon bonds are sold at a deep discount (which means that they are sold at much less than their face value), and the return on investment is derived from the difference between the initial price and the price increase as the maturity date approaches.

CORPORATE BONDS

Corporate bonds offer attractive yields and liquidity, and are another option to consider for funding college tuition. A corporate bond is a debt obligation issued by a utility, bank, industrial or finance company. The issuer promises to pay a fixed rate of interest each year, usually semi-annually, and to pay back the prin-

continued on page 7

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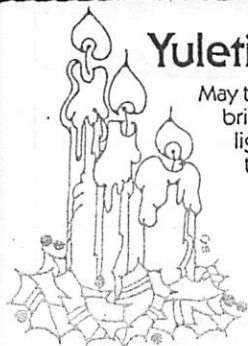
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To you and your family... may this be your happiest Christmas ever.

To All Our Members And Their Families Of Iron Workers Local #496
Form Your Officers and Executive Board



"Beautiful windows, pretty and bright, Display the colors of Christmas light."

To All Our Members And Their Families of Painters Local #1915
From Your Officers and Executive Board

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To All Our Members And Their
Families Of Carpenters Local #621
From Your Officers and Executive Board



"This beautiful angel
sweetly sings, of all
the joy that Yuletide
brings."

To All Our Members And Their
Families of Sprinkler Fitters Local #669
From Your Officers and Executive Board and
Your Business Agent, Ken Foget, District #20

We're all praying that work will pick up and we will have a tremendous year. We would like to wish Paul Belanger, Hank Waterman, Louis Elliott and Parker Smith great things in their retirement.

At this time of year we have to be thankful for what few things we have and strive to make them better. Let's all celebrate the holidays and look towards the future. The only realistic things that can happen is better times. Let's all pray towards world peace and have a Happy Holiday with our loved ones.

If you have a problem call me at 873-5390 or 474-3194 and I will do anything in my power to help solve it. Remember - Be American - Buy American. God bless this great country in our slow times.

Saving for Education continued from page 6

cial amount upon maturity. Maturities vary from a few months to as long as 40 years. The principal is usually in \$1,000 increments.

RATING AGENCIES

Corporate, treasury and municipal bonds are rates from lowest risk (triple A) to high risk (C) by various rating agencies: Standard & Poor's and Moody's are the best known firms in this arena. Various factors, including the rating of a bond, the maturity date and purchase price, determine the risk you take as an investor. Prior to purchasing a bond, you should check with one of the agencies as to its rating.

DETERMINING YOUR "TRUE" RATE OF RETURN

A bond that is purchased close to maturity date will usually be higher priced; however, it is more secure. Conversely, a longer-term bond, although the purchase price is usually lower, poses a greater risk since it's harder to predict the company's ability to repay its debt in the future. Purchasing bonds at several different maturities offers you a variety of interest rates and purchase prices which can be helpful for long-term planning. And even though interest is not tax-deductible, the total earnings on many corporate bonds can be greater than those on government or municipal bonds of equal value.

For example, if you buy a bond of XYZ Company due June 30, 2005, valued at \$1,000 and paying 8% annual interest, your purchase price will be lower than if it were due on June 30, 1995. Let's assume you could purchase this bond for \$800 today. You'll earn \$80 per year, because the bond is listed as paying 8% annual interest on its face value. However, you only paid \$800, so you are really earning 10% interest on your principal investment.

CONCLUSION

No matter which investment option you choose, each of the aforementioned vehicles offer a great deal of flexibility. A qualified financial advisor can guide you through the various investment alternatives available so you can start saving for your child's college expenses today.

Prudential Securities Incorporated or its officers and employees do not give tax advice. Council from a CPA or tax attorney should be sought and followed.

For more information contact Frederic Williams at his address shown above. He is solely responsible for the content of this article.



Carpenter's Local 320

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Brewer, Maine



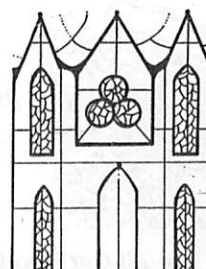
"Beautiful windows,
pretty and bright,
Display the colors of
Christmas light."

To All Our Members And Their
Families of Shipbuilders Local #56
From Your Officers and Executive Board



"As the wonder of
Christmas unfolds,
we relive the story,
as it's told."

To All Our Members And Their
Families of Electrical Workers Local #1253
From Your Officers and Executive Board



"Three wise kings
with gifts of love,
were guided to Him
by one star above."

To All Our Members And Their Families of
I.B.E.W. Telephone Workers Local #2327
From Your Officers and Executive Board

HEALTH CARE MUST BE ACCESSIBLE, AVAILABLE & AFFORDABLE TO ALL

by Senator George J. Mitchell
Majority Leader
U.S. Senate

In the past few weeks, I have travelled the state learning about the health care concerns of Maine residents. One exchange in particular has remained with me.

A gentleman rose with dignity at a public meeting in Windham to explain his situation. He was retired. His former employer previously had provided health benefits for its workers and retirees. Recently it had been forced by increasing costs to reduce the benefits for retirees and pass on the escalating costs. Burdened with health insurance payments that exceeded half his modest pension, the gentleman faced the prospect of having to find a job at age 71 to afford health coverage for him and his wife.

This testimony dramatically demonstrates that the rising cost of health care affects working Americans, as well as retired workers. From 1982 through 1985, the percentage of uninsured who were employed full-time for a full year increased 24 percent.

As health care costs escalate, they increasingly can become a factor in labor disputes. A survey of strikers involved in large labor disputes (that is, involving more than 1,000 workers on strike) found that in 1986 18 percent of

the workers reported that health benefits were the prime factor in their decision to strike. By 1989 that percentage had risen dramatically: 78 percent of the striking workers said that health benefits were a prime factor in their decision to strike.

Facts like these have furthered my resolve to make health care reform a priority in the next session of Congress.



Sen. George J. Mitchell

In the last few months a national consensus has begun to develop on the need for fundamental reform of our health care system. Attitudes are rapidly changing. I believe that with the election of President-elect Bill Clinton the time has arrived when we can make health care reform a reality.

Meaningful reform requires that input and ideas of people from Maine and around the country who

understand the financing and delivery of health care. That is one reason why I recently organized meetings in Bangor and Portland to discuss health care reform. A broad range of health care providers, labor leaders, state legislators and health care consumers attended these meetings. Charlie O'Leary, President of the Maine AFL-CIO attended on behalf of labor organizations. The insights of these participants furthered my understanding of the problems Maine workers face.

Comprehensive reform legislation must achieve three goals. It must provide access to health care for every American, control health care costs and emphasize the value of primary and preventive care.

As I listen to the predicaments of citizens like the retired worker at Windham, I have become unshakably convinced that access to good care is a fundamental right of a citizen in a democratic society. For many Americans now, that right is not being exercised; and a right incapable of exercise is not a right; it's an illusion. Universal access must be a goal of health care reform.

At the same time, we must contain the rising cost of health care. The problem today is not that we spend too little money on health care, but that we spend too much. Escalating health costs are sapping our nation's economic health.

Health care costs have absorbed about half the cash value of pay raises for American workers in the past 20 years. When wages are held down, consumers have less to spend.

Increased insurance costs also hurt American businesses. They place our companies at a competitive disadvantage vis-a-vis overseas firms whose costs are lower. Lower earnings by businesses reduce funds available for investment for modernization and worker retraining. Controlling health care costs must be one of our primary goals.

One of the reasons we spend so much as a society on health care is that we spend almost all of it on curative care—making people well after they have become ill. Health reform must include a new emphasis on primary and preventive care. I am firmly convinced that one of the most important long-term changes we must make is in

changing public attitudes and promoting an increased awareness of the importance of good health and healthy lifestyles. We could begin with a massive national education program, starting at the earliest grade levels, to instill in future generations a sense of personal responsibility for their health. If we hope to control costs, we must greatly increase the emphasis and resources devoted to primary and preventive care.

Maximum state flexibility will be an indispensable element of any health care reform. One of the things that has become apparent in my travels around Maine and the country is that health care problems vary considerably from one place to another. Arrostook County, for example, suffers from a severe shortage of primary care physicians. Clearly, the solution to Arrostook's problems may not be the same as what is needed in New York or Los Angeles. Any new national plan must take into account this variability and allow states the flexibility to meet their own unique needs.

Criticism of what is wrong with America's current system of care should not lead us to overlook what is good about our system. For those who have access and can afford it, our system offers excellent care. Our challenge now is to preserve the best features of our present system, while maintaining quality, controlling costs and ensuring access for all. I look forward to working with interested parties in Maine and the Clinton administration to meet this challenge.

AGITATION IS A BEAUTIFUL THING

They say union members are agitators, and I agree.

You see, in nature agitation is a beautiful thing.

It takes a grain of sand to make a pearl.

It takes a honeybee to move pollen from one flower to another.

It takes a river's constant agitation to make a canyon.

So you see it takes a union to make a workplace a better place to be.

Randy Ruckman
UAW Local 12 member
Holland, Ohio

Reprinted from Solidarity-UAW



Maine's Presidential Electors convene Monday, Dec. 14, 1992 to officially cast their votes for President and Vice President of the United States. Shown (L-R) Ronald Reagan (Congressional District Elector); Patricia G. Wright (Elector); G. William Diamond, Maine State Treasurer; and Robert Shapiro of Waterville, State Treasurer-elect; and John Wartell of Portland and IAM Local-56.

**A Sincere Thank You
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Customers and Friends**

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Happy & Prosperous
New Year
To All
Maine Association
Members
and
Their Families**

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May the best gifts of the holiday season be yours! Thanks to all!

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From Your Officers and Executive Board**



**To All Our Members And Their
Families of Teamsters Local #340
From Your Officers and Executive Board and
Robert L. Piccone, Pres. & Bus. Agent**



**To All Our Members And Their
Families Of Electrical Workers Local #567
From Your Officers and Executive Board**



ECONOMIC PROBLEMS BOTH SHORT - AND LONG - TERM

by Senator Bill Cohen

As the 103rd Congress prepares to convene in January, Legislators—new and experienced—must recognize that improving Americans' economic situation clearly should be the nation's highest priority.

Our economic problems are both short- and long-term. In the short-term, the economy has been growing too slowly to create enough jobs to reduce unemployment significantly. In the long-term, we must improve U.S. competitiveness by increasing investment, improving education and curbing health care costs, which drain resources that businesses could otherwise devote to job creation.

Last week's announcement by the Department of Commerce that the economy grew from July to September at an annual rate of 3.9 percent suggests that the economy may be on the road to recovery, and most economists are predicting stronger economic growth in 1993. But if the economy continues to falter, it may be necessary to provide stimulus through government spending, although no stimulus

package should be at the expense of lowering future deficits.

Our long-term problems are more troubling. Domestic investment has declined in recent years as the rate of savings has declined. Americans simply are not saving at the levels we once were, a situation that means less money is available



Senator Bill Cohen

for investments in new plants and equipment.

The federal budget deficit has been a principal cause of the overall savings decline. When the government borrows money, it

depletes the pool of private savings. Every \$1 the government borrows is \$1 that is not available for investment in future growth and jobs. That problem was highlighted by a recent study by the Federal Reserve Bank of New York, which found that the deficits of the 1980s reduced economic growth by 3 percent. Maintaining huge deficits in the future will dampen economic growth even more.

Reducing the deficit will not be a simple task, nor will it be accomplished overnight. I believe it is critical, however, that we make strong and steady progress on deficit reduction. The first step must be to eliminate wasteful spending, especially in the area of government procurement. As a member of the Senate Armed Services and Governmental Affairs committees, I have made procurement reform a priority issue.

One of the most effective pieces of legislation passed as a step to reduce waste, fraud and abuse in government purchasing was the Competition in Contracting Act (CICA). CICA, which I sponsored and saw enacted in 1984, has saved the taxpayers billions of dollars by increasing competition for government contracts.

I have worked since then to ensure that the law is carried out properly

and have sponsored other legislation to save money. In recent years, I have led an effort to require the Department of Defense to buy commercially available products rather than expensive, specially-built items. For example, we discovered that the Air Force was spending \$435 for a claw hammer, when the \$20 hardware store variety would perform just as well.

We must also cut spending where it is no longer necessary. For example, while significant cuts have been made in the defense budget since 1985, even deeper cuts can be made in the coming years. In 1990 I put forward a proposal to reorient the military, significantly shrink its size and drastically scale back U.S. weapon-buying plans. I also led the fight in the Senate to cancel the B-2 bomber program, which I felt was unnecessary and unaffordable.

By rethinking our defense strategies, we can cut spending without sacrificing national security. However, I know that reductions will have a great impact on defense-dependent industries, workers and communities, and I am working to help them adjust with retraining and other types of assistance from the federal government.

cont. on page 13

AL ELECTORS

convened at the State's Capital on to cast their ballots for the President and Hachey of Lewiston (2nd Congressional District of Waterville (At-Large-Maine's Secretary of State; Sam surer (At-Large-Elector); and Burt 56 (1st Congressional District Elec-

ank You and
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Year
All
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HOLIDAY
GREETINGS

May this bright Christmas
be filled with happiness!

Members And Their
Families Of Plumbers & Pipefitters
Local #217
From Your Officers and Executive Board

Office of
Secretary of State



G. WILLIAM DIAMOND
SECRETARY OF STATE



State of Maine

DRIVE WITH SPECIAL CARE THIS HOLIDAY SEASON

Augusta—All that Bob could remember of the tragic accident were the glaring lights and the shrieking horn. It had taken him weeks to recover from his injuries, it would take him years to come to grips with his overwhelming feeling of guilt.

What had been a very pleasant evening quickly turned tragic when Bob, without looking, pulled out onto the highway and collided with an automobile driven by Paul Soucie.

Bob, an accountant for twenty three years, had just left his firm's annual Christmas party. Yes, he had

had a bit to drink but reckoned, as he always did, that he was more than fit enough to drive the few miles to his home.

Paul, a young Social Studies teacher, and his wife Linda had just left a local shopping mall, where they had purchased some additional Christmas decorations for their new home.

It had all happened so quickly, Bob's car appeared from nowhere, Paul was stunned, he hadn't had time to even begin to apply his brakes. It was all over in a matter of seconds. Linda had died instant-

continued on page 10

Christmas Greetings
To All Our Members And Their
Families Of Plumbers & Pipefitters
Local #321
From Your Officers and Executive Board

Greetings
The best wishes of this
Yuletide season to you and all
those you hold near and
dear.

To All Our Members And Their
Families of Bricklayers Local #7
From Your Officers and Executive Board

Christmas Joy
May happiness and all
good things of the season
be yours this year!

PEAC

To All Our Members And Their
Families Of Boilermakers Local Union #29
From Your Officers and Executive Board

You can bet your ads on us!



Apprenticeship programs are designed to combine on-the-job training with related theory instruction to produce a superior craftsman. Anyone interested in further information and technical assistance on establishing a REGISTERED apprenticeship program may contact the MAINE STATE APPRENTICESHIP AND TRAINING COUNCIL, Maine Department of Labor, at 624-6430.

Sheet Metal Workers #545

Peter Conley, Roger Dunning, Brian Houle, Michael King, Kevin LaPlante and Randy Tremaine, all

DRIVE WITH SPECIAL CARE
THIS HOLIDAY SEASON

continued from page 9

ly. Just this once she had failed to fasten her safety belt. Paul survived yet would never walk again.

Though fictional, incidents such as this one occur all too often during the holidays. In fact, during last year's thirteen day holiday period (December 21 - January 2) close to 900 Americans were killed in alcohol or drug related automobile accidents. While holidays pose an especially inopportune time for such tragedies, they are, sadly, not the only time.

At present, we are averaging over 18,000 alcohol and drug related traffic fatalities a year. Despite all of the awareness efforts, the spread of activist groups, the proliferation of programs and the passage of much-needed legislation, people continue to drink and drive with alarming frequency.

Alcohol and drug impaired driving is a societal problem which will not be resolved in the short term or by a single approach. Not until we fundamentally alter our attitudes towards drug and alcohol consumption will we be able to effectively address this issue. Toward this end, what is needed is a systemwide approach which focuses upon prevention and treatment. An approach which not only provides individuals with information on the relative costs and consequences associated with alcohol and drug use, but also teaches them the skills they need to act on that information and resist all pressures to use alcohol or drugs.

Most importantly, such a program must begin at a very early age. Education must start in elementary school where considerable care should be given to both curriculum and teacher training.

Additionally, although education is fundamental, it alone is not sufficient to deter alcohol and drug impaired driving. Enforcement efforts will also have to be upgraded. We must ensure not only the adequacy of essential resources and technology, but also the will to prosecute and punish offenders. Not until each community confronts alcohol and drug abuse directly will any genuine progress be realized.

Remember, the first thing affected when drinking is your judgement. Any amount of alcohol will negatively affect your ability to drive safely. As a depressant alcohol relaxes you, it increases your confidence and allows for a false sense of security while driving. Yet, the last place a person should feel laid back is behind a steering wheel. Stay alert, don't drink and drive, and beware of others who may have.

Have a safe and enjoyable holiday season.

APPRENTICESHIP by Ken "Skip" Hardt Dir., Apprenticeship Standards Bureau of Labor Standards Maine Department of Labor

NEW REGISTERED APPRENTICES
September - October - November 1992

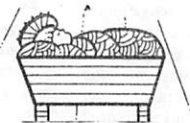
from Lewiston, also Leo Deroche of Brewer and Gerald Kelly of Bangor. Steve Lemieux, Training Co-ordinator
Iron Workers Local #496

Chris Booker of Waterville, Clinton Brown of Stillwater, James Hallowell of Howland, Anthony Carter of Winslow, Matthew Heath of Bucksport, and Darren Witham of Skowhegan, all

registered as Iron Workers with Local #496. Larry Carr, Training Co-ordinator
Champion International Corp.

Mark Bennett of Bucksport, registered as a Millwright, Gary Hopkins of Bucksport, Charles Clark of Monroe as a Tinsmith with Champion International. Glenn McFadden, Training Manager

*"The Yuletide tree
we brightly adorn,
brings happiness of
Christmas morn."*

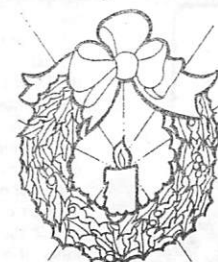


**To All Our Members And Their
Families of Painters Local #1468
From Your Officers and Executive Board**

*"A cheerful song of
Christmas joys,
brings smiles to little
girls and boys."*



**To All Our Members And Their
Families of Sheet Metal Workers Local #545
From Your Officers and Executive Board**



*"With a wreath of
holly on the door,
we'll remember this
day forevermore."*

**To All Our Members And Their
Families of Laborers Local #1284
From Your Officers and Executive Board**

*"A child was born
to light the way, as
we celebrate His
birth on this day."*



**To All Our Members And Their
Families of Laborers Local #1377
From Your Officers and Executive Board**



*"Decorative
ornaments, a sight to
see, festively adorn
our Christmas tree."*

**To All Our Members And Their
Families of Asbestos Workers Local #6
From Your Officers and Executive Board**

*"Jolly old St.
Nicholas must
prepared all the gifts
he'll wrap with
care."*



**To All Our Members And Their
Families of Plumbers & Pipefitters Local #783
From Your Officers and Executive Board**

"Arthritis" should be considered a waste-basket term. It seems to hold everything, most of which is junk. This statement is made because the term "arthritis" is generally misused and misunderstood by the public. Doctors sometimes use the term much too loosely.

First, let's consider the term "arthritis" and what it means. Arthritis comes from the Greek "arthron," meaning joint, and "itis," a word termination denoting inflammation; thus "arthritis" means inflammation of a joint.

Inflammation can be either a very mild or a very severe process. You can create inflammation by simply scratching your skin or rubbing it. If the irritation to your skin is significant enough to cause redness, some extra fluid accumulation, additional heat, and pain, you then have inflammation. We see, then, in the true meaning of the term "arthritis" that if a joint is strained and inflammation follows, arthritis is present. That certainly does not mean that it's incurable; in fact, it will usually correct itself. Yet the common understanding of the term "arthritis" is that there is an incurable situation which has to be controlled with pain medication, such as aspirin. The extensive amount of television and other advertising has helped create this erroneous understanding of the term "arthritis."

A problematic approach to the treatment of some joint pain (arthritis) is to use medication to override the pain, allowing the condition to remain and possibly worsen. It is much better to find out exactly what caused the problem and to correct that cause, if possible. Many people have an unrealistic attitude toward pain. They consider it an enemy, when in reality pain — in most cases — is a friend. Pain is the alarm system of the body which tells us when something is going wrong. There are some unfortunate people on record who have no ability to feel pain. This is a very severe problem, because it means major destructive processes can take place without an individual's knowledge. In most cases, functional pain can be eliminated as the body's function is returned to normal by natural health care approaches. This is true with many types of arthritis.

The important factor with arthritis is to define the type which is present — if, indeed, the condition is truly arthritis. Most types of arthritis respond favorably to treatment; some can only be managed effectively, and then only if the condition is treated before severe damage develops. It is important to change our thinking away from the idea that when arthritis is present it problems must be endured throughout a lifetime because it is incurable. This may be true with certain types of arthritis, but certainly not with all forms. All too often when an individual is diagnosed as arthritic by a doctor, s/he ceases all efforts to obtain correction and resorts to pain pill override because "Everyone knows arthritis is incurable; I'll just have to live with it." This may be an unfortunate, erroneous thought.

A patient with a previous diagnosis of arthritis often comes to a doctor who uses applied kinesiology. Upon thorough evaluation it is found that there is no damage or disease process in the joint; it is in strain during function. When the movement factors of the joint are returned to normal; the pain is immediately removed. This type of

Arthritis



condition is generally caused by improper muscular balance. Muscles stabilize a joint and also move the joint through its range of motion. If the muscles holding a joint are very weak on one side compared to the muscles on the other side, a joint is then under constant strain; movement through its normal range causes increased strain and consequent pain. If this imbalanced function is allowed to persist for a prolonged period, osteoarthritis — which will be discussed later — will ultimately develop.

Your doctor will use several forms of examination and evaluation, depending upon what s/he is seeking. The examination will include testing numerous body muscles to determine their balance and strength, and also to evaluate the body's energy patterns. X-rays may be taken to evaluate joint structure, and laboratory procedures are commonly used for metabolic evaluation.

When true arthritis is present, it is usually one of three major types which will be discussed here. Of course, there are many other types of arthritis. If one of the unusual varieties is present, your doctor will discuss its ramifications with you.

Osteoarthritis

Osteoarthritis (degenerative joint disease) is generally considered the "wear and tear" type of arthritis. It usually develops from the fifth decade of life on and is most commonly found in the weight-bearing joints of the body, such as the knees and hips. Another common location for osteoarthritis is in the hands, especially during a lifetime of rather hard work (mechanics, carpenters, etc.).

Because osteoarthritis is correlated with strain to joints, it is important to keep weight down to a recommended level, taking strain off the weight-bearing joints. As mentioned earlier, structural strain is also very important in osteoarthritis. You can easily see why a knee under constant strain from

poor muscular support is more susceptible to osteoarthritis. Postural balance is also very important because the joints of the spine are frequent sites for osteoarthritis.

Although osteoarthritis is commonly associated with mechanical strain to joints, there is a correlation with specific metabolic or nutritional deficiencies which causes a weakening of the joint surfaces and makes them vulnerable to wear and tear. Protein deficiency has been indicated as a causative factor in osteoarthritis. This does not necessarily mean that the individual lack protein in his/her diet; it could mean that the body fails to absorb and utilize the protein. In other words, halting progress of the condition may depend upon improving digestive function. Indications that protein may not be digested properly are gas after a meal, brittle and cracking fingernails, and poor quality of hair and skin, to name a few.

Long-term osteoarthritis is characterized by additional calcium buildup in the joints, with possible spurs formed around the joint. Calcium use in the body is a very complex subject. Dietary change and/or nutritional supplementation may be necessary to improve its absorption and utilization. Sometimes it is necessary to supplement the diet with additional calcium, even though there is a concentrated calcium level in specific bone areas. This nutritional change is required because there are different ways calcium is used in the body, and it must be properly balanced with other minerals.

Osteoarthritis can develop in only one joint of the body as a result of injury to that specific joint. It is not the type of arthritis which usually migrates from joint to joint.

By reducing weight and structural strain to joints, and improving nutritional and metabolic processes, the advancement of osteoarthritis can be markedly reduced or halted. Unfortunately, the most of the damage to joint structure is permanent. The answer, obviously, is to obtain evaluation, treatment, and correction — if possible — early, before permanent damage develops.

An interesting correlation has been made in the treatment of osteoarthritis with applied kinesiology principles. Many times an individual who has x-ray evidence of a severely damaged joint as a result of osteoarthritis comes in for treatment. In an effort to stop the condition's progress, the joint structure is balanced with muscle balancing techniques and manipulation. The pain is completely relieved, although, the joint structure still appears significantly damaged on x-ray and will continue to do so.

Osteoarthritis can be so severe that the pain becomes totally intolerable to an individual. Because the damage is permanent, it is sometimes necessary to make referral for surgical repair — or complete

continued on page 12

Health Views



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replacement — of the joint. Surgical replacement with an artificial joint is becoming more common in the hip and other joints. Though this is remarkable surgery, the key — again — is to prevent the condition from ever becoming that severe, if at all possible.

Rheumatoid Arthritis

Rheumatoid arthritis begins to affect people earlier in life than osteoarthritis. Often the first appearance of rheumatoid arthritis is after a severe infection or some other form of stress. Rheumatoid arthritis is an inflammatory disease which progresses throughout the body. Unlike osteoarthritis, it can migrate from joint to joint, and as it progresses it may cause joint deformities. For this reason it is sometimes known as "arthritis deformans."

Ineffective adrenal function appears to have some causative background in the development of rheumatoid arthritis; however, this point is not clear, and researchers disagree considerably regarding the cause of rheumatoid arthritis. In any event, improved adrenal cortex function aids the control of

rheumatoid arthritis. The adrenal cortex manufactures anti-inflammatory and pro-inflammatory hormones, which help control inflammatory processes. The anti-inflammatory hormones manufactured by the adrenal cortex have the same purpose in the body as the artificial steroids administered in the medication form and so widely used years ago for the control of arthritis. These artificial hormones are not prescribed as often today, but they are still used — even though they may have severe side effects.

Ideally, it is better to obtain excellent adrenal gland function to provide the pro-inflammatory and anti-inflammatory processes. If the adrenal gland is exhausted and incapable of handling all its functions, it is important to eliminate the stresses — physical, chemical, emotional, and thermal — with which the adrenal gland must work. If you have an adrenal insufficiency, your doctor will give you considerable additional information about avoiding stress to the adrenal

Arthritis

Continued from page 11

gland.

In the presence of rheumatoid arthritis, it is extremely important that adequate protein intake and digestion be obtained, and that the calcium level is in proper ratio with other body minerals. These factors are important in keeping the bones and joints healthy and capable of resisting the inflammatory attack of rheumatoid arthritis.

Most cases of rheumatoid arthritis can be identified as such in the laboratory, with specialized tests.

Gouty Arthritis

Gout is present in males much more than in females. Approximately 95% of gout sufferers are male.

Some researchers blame gout on a high level of uric acid, which is a substance generally eliminated from the body by the kidneys; however, there is much controversy about uric acid being an absolute causative factor of gout. Studies have shown that there is probably some other chemical within the body capable of hand-

ling the uric acid, but as yet this chemical has not been clearly defined.

Gout is considered a chronic lifetime disease once it is present. If not kept under control, it has severe, acute manifestations. An individual can have an attack of gout which requires bed rest and is extremely painful — sometimes to the point of keeping bedclothes off the tender joints because of the severe pain.

In applied kinesiology gout is treated by closely evaluating the entire body and its systems for dysfunction. In some cases it is found that the kidneys are significantly involved (probably in these cases uric acid is not adequately eliminated). Sometimes the bowel is involved; its action, along with normal bacterial count, must be improved. There have been findings by researchers indicating that intestinal bacteria help control gout. Other areas of body function have also been indicated as controls, or possibly causative factors, in gout; consequently, it is important — in each and every gout case — to make a total, independent evaluation of the different systems and organs within the body to return poorly functioning areas to normal.

Diet is very important in gouty arthritis. The applied kinesiologist will probably find some deficiencies in this area, indicating need for improved protein digestion, a decrease of purines in the diet, or some other change which may include nutritional supplementation.

The bottom line in arthritic conditions is to determine exactly what is taking place and eliminate the causative factor. This makes much more sense than overriding the discomfort with pain medication, which is commonly done when an individual takes the attitude, "I have arthritis — it can't be cured." Many persons with arthritis are obtaining correction of the condition and are experiencing a happy, healthy life.

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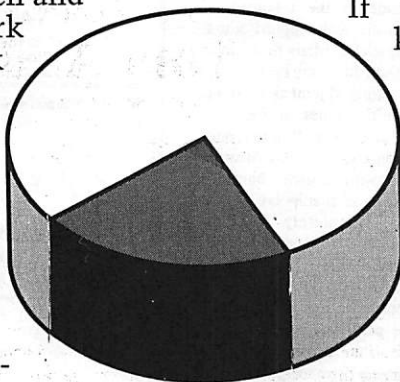
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Laborers L.U. 12
Robert L. Wadsworth B.M.

With Winter setting in the work load for Local-12 has dropped off considerably.

All the members of Local-12 offer their sympathy to the family and friends of Brother Guido DeSalle of Rumford who passed away on Nov. 11th. Guido was a 23 year veteran of our local. He shall be missed by all.

The officers and E-Board wish everyone a Merry Christmas and a healthy and prosperous New Year. Don't forget the "Skippy Markley" Christmas Party for the C.P. children between 9 a.m. - 1 p.m. on Dec. 22nd at the A. L. Malia Post.

ECONOMIC PROBLEMS BOTH SHORT - AND LONG - TERM

continued from page 9

In looking for other ways to reduce spending, we must consider the difficult question of entitlement programs, such as Medicare and Medicaid, food stamps and welfare programs. Their costs represent the fastest-growing part of the federal deficit and controlling them is critical if deficit reduction is to succeed. Earlier this year I was one of a small minority of senators who voted to cap entitlement spending. Although the proposal failed, it highlighted the need for Congress to devise a plan to contain these program costs.

While raising new revenues may become necessary to reduce the deficit, tax increases should come

only as a last resort and be structured to reduce the disproportionate burden placed on middle-income people.

Reducing the deficit will free up savings for new investment in plants and equipment, but we must also take steps to increase our investment in people through education and job-training programs. While these programs will require a modest increase in federal spending, they will pay big dividends in the long run. Helping workers become more productive is critical because labor accounts for 70 percent of our economic output.

Health care reform also is essential. Health care spending is grow-

ing at a rate of nearly 11 percent per year and represents a significant portion of the new deficit. It

also has taken a toll on individual businesses and workers.

One of the reasons that wages

for many Americans have stagnated over the past 20 years is because health care benefits were "crowded out" wage increases. The high cost of health insurance has forced many companies, particularly small businesses, to hold down wage hikes or to forego them altogether. As a result, the take-home pay of many workers has not kept up with the rate of inflation, reducing buying power. Some businesses have found that the cost of health insurance so prohibitive that they have had to cancel their employee's coverage. A priority for Congress and the President next year must be to reform health care to control costs and provide better access for the 37 million uninsured.

By adding rapidly to our national debt, we are engaging in fiscal child abuse, inflicting financial pain and suffering on future generations while squandering their inheritance. As the 103rd Congress convenes, I will continue my efforts to reduce our massive deficit and get the economy moving by reducing spending, controlling health care costs and creating jobs.

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CHARLES E. HURLEY

Our Maine Congressional Delegation does not seem very enthused about The Passamaquoddy Tidal Power Project. Since they have gotten their raise, perhaps they are reluctant to put out more money lest they overdraw on the till.

Congresswoman Olympia Snowe points out plans for wind-power units in the western part of the state. Well, you can't fly a kite every day.

Senator Mitchell says oil is cheap now, but he writes that he will support adequate funding for tidal power research for Fiscal Year 1994. Big Deal! Maine Yankee will

be closing down, what then? We cannot depend on cheap oil.

Years back we sold the Shah of Iran weaponry on credit. Mr. Kissinger told the Irani that if they raised the price of oil they could pay up quicker. Our oil prices went up. I chopped a lot of wood to keep warm.

The Khomini took over and drove out the American oil people and kept their equipment. They got into war with Iraq and needed weaponry. We hesitated but they took hostages so we furnished them arms so irangate.

We furnished arms to Iraq. They got powerful and cocky and took over Kuwait. That brought us into Desert War. Then Saddam Hussein destroyed half of the world oil supply. The gulf countries are trying to raise oil prices.

Quoddy could be considered a

defense expenditure. It would save oil for the military.

We must get the Legislature to set up a Maine Power Authority like they did in New York for the Seaway. We need a gutsy chairman like Robert Moses. He did not dilly-dally. He got the Seaway Project started right away. They did have to make some changes, but they took care of the problems as they arose. They did get the job done and it was beautiful.

Stone and Webster has the plans already for the power dam and most of the rest of the project. The project should start right away. It will be beautiful too.

New Year's is on the first Friday so our meeting will be January 8, 1993.

A very Merry Christmas and a Healthy, Happy and Prosperous New Year.



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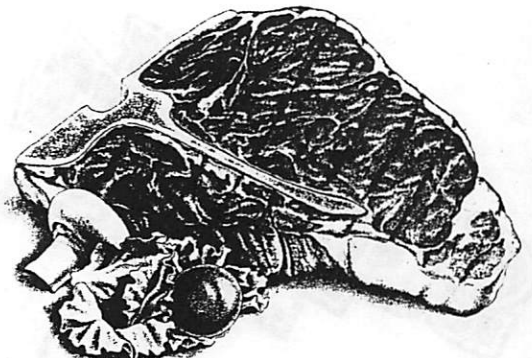
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*May the beauty of Christmas
which is FAITH,*

*the glory of Christmas
which is JOY,*

*and the magic of Christmas
which is LOVE,*

be yours to share.

*Wishing holiday happiness
to our members and their families.*

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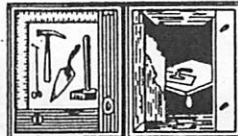


LOOK FOR THE UNION LABEL AT CHRISTMASTIME

UNION LABEL AND SERVICE TRADES DEPARTMENT, AFL-CIO



LABOR RECORD



NEW DAY DAWNS FOR LABOR

cont. from page 1

of the brightest minds in the nation, someone willing to seek new answers to old problems.

But we all know that creative ideas alone are not enough. They must be tested and put into practice before they impact the health, safety and economic position of American workers. The Bush Administration had neither ideas nor the desire to act on them.

In the case of Reich we have a

person with a high-powered, creative intellect and, equally important, we have a person who Bill Clinton described as, "one of my trusted advisors and closest friends." In addition Clinton said he selected Reich because, "I don't know of any other American who has done more to make the case of the need to invest in the skills and training of our people."

Reich will be put in charge of im-



plementing one of Clinton's major campaign promises - the creation of jobs.

After two years of recession, 50,000 unemployed in Maine, more than 10 million out of work nationally and hundreds of thousands of jobs permanently lost, we hardly need any explanation of the importance of the job Reich faces as Secretary of Labor.

It is no wonder that the selection of Reich has pleased labor leaders around the nation.

AFSCME President Gerald W.

McEntee said, "President-elect Clinton has selected as Secretary of Labor the foremost innovative thinker in America on building a new workforce. It's been more than a decade since America has had a Secretary of Labor who really understands that working women and men all across this country are the real foundation of a strong economy."

SEIU President John Sweeney said, "We think he'll put fresh ideas to work solving some very old problems, and help us build a high-wage, productive economy."

Three areas in which we expect to make immediate progress are: (1) quick action on the Clinton promise to back legislation barring employers from hiring permanent replacement workers during strikes; (2) rebuilding the nation's infrastructure, which those of us in the union movement see as essential to job creation - particularly in the area of providing new jobs to replace jobs eliminated in the ongoing defense industry cut backs; and (3) improved education and retraining of workers - again of special importance in the conversion to the post cold war era.



Charles O'Leary

Are we on a completely smooth highway to a Clinton-Reich-Labor honeymoon? The answer, of course, is "no."

There well may be major disagreements ahead in areas such as the pending trade agreement with Mexico. Clinton didn't promise and we didn't expect full compliance with every desire of organized labor. What we did expect and what we are getting is the recognition of the important of working men and women to the economy and to the future of this nation and recognition of our right to fair treatment, workplace safety, economic security and a level playing field when we exercise our right to bargain collectively and to withhold our labor.

The selection of Robert Reich as U.S. Secretary of Labor is a clear signal to all American workers that our concerns are also the concerns of the new Clinton Administration. It is the first dawning of a new day for labor after 12 years of darkness.

And the selection is also the clearest possible indication that the time, effort and money union brothers and sisters put into political action is essential to our future both as unionists and as Americans.

MERRY CHRISTMAS & HAPPY
NEW YEAR



PEACE

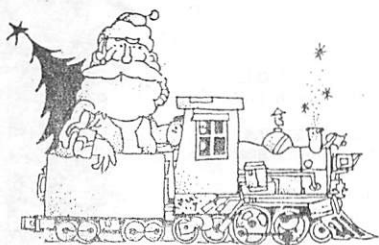
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all comes together
with brotherly love.

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open a new era of progress,
prosperity and peace,
bringing opportunities for
achievement and fulfillment to all.

To All Our Members And Their
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MERRY CHRISTMAS

There is no time quite like the holidays for
remembering the friendships we cherish.

To All Our Members And Their
Families Of Carpenters Local #320
From Your Officers and Executive Board



Merry Christmas

We're trimming the season
with all the best for you and
your loved ones! Peace!

To All Our Members And Their
Families Of Laborers Local #327
From Your Officers and Executive Board



"Decorative
ornaments, a sight to
see, festively adorn
our Christmas tree."

To All Our Members And Their
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